



DYS STAR GAZE-ette



Aandego giizis (the month when the crow returns)

Mars

Principal: Ms. Serena Maharaj
Vice Principal: Mrs. Melanie Williams

March 5, 2024

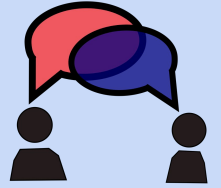
Website: dys.rrdsb.com

BUS LOADING ZONE AREA



This is just a reminder to parents and guardians not to park in the bus loading zone lane (the right-hand lane closest to the school). Please use the car lane (or kiss-n-ride lane), which is the left-hand lane closest to the ditch.
Thank you for being so cooperative in keeping DYS safe!

School Council Corner



Hello DYS families/community,
Our next meeting will be at DYS on
Wednesday, April 9th @ 6pm.
See you there!

Welcome to Kindergarten



Did you miss our Kindergarten Registration last week? No problem!

[Click here to register your child online](#), or if you have any questions, please call Mrs. Loveday at 807-482-2271.

We look forward to meeting our new Junior Kindergarten students at our Kindergarten Play Date, which will be scheduled near the end of this school year. Stay tuned for more information.

Calendar of Events

Term Two IEPs sent home	March 7th
SPRING BREAK: NO SCHOOL	March 11th to 15th
Good Friday: NO SCHOOL	March 29th
Easter Monday: NO SCHOOL	April 1st
PA Day: NO SCHOOL for Students	April 19th



Principal's Message:

Thank you to the DYS community for supporting our most recent Scholastic Book Fair. We appreciate those who also volunteered their time. The Intermediate Leap Year dance was a success and a fun way to spend an evening. Other grades throughout the school thoroughly enjoyed the sock hops too. Currently, intermediate students are participating in extracurricular activities involving archery and basketball.

March break is occurring next week. We hope that you enjoy a restful and relaxing break spent with your family and friends. We look forward to welcoming everyone back to DYS on Monday, March 18th, 2024!

-Ms. Maharaj

DYS Recognition of Excellence

At the beginning of March, DYS will be recognized for its involvement in "The Attendance Project," which began in the 2022-23 school year, looking at attendance data from students in grades 4-6. The project involved all educators from those grades completing modules and live sessions, which focused on strategies to help build better relationships with students, families, and the school. In our second year of the project (the 2023-24 school year), the focus moved to younger students from kindergarten to grade 2. This has been an excellent learning opportunity for the educational staff at DYS, and the data we have obtained is very helpful in creating change and supporting students and their families.

MARCH

IS NUTRITION MONTH!



ON MARCH 7TH JOIN THE GREAT BIG CRUNCH CHALLENGE!

Crunch and munch all month.
#2024GREATBIGCRUNCH



SCAN ME



EAT A VARIETY OF HEALTHY FOODS EACH DAY

Explore [Canada's Food Guide](#) for healthy eating tips and resources.



SCAN ME

TRY NEW RECIPES

Click here for [3 ingredient dinners](#) that are simple, healthy and affordable!



SCAN ME

OFFERING GOOD FOOD CHOICES WILL HELP YOUR FAMILY MAKE GOOD FOOD CHOICES



GARDEN

Grow your food, to know your food!



DRINK WATER!

Water is absolutely crucial for every system in your body.



DYS HOT LUNCH



PROGRAM

What students are saying!



"The chicken noodle soup is my favourite!"



"The lasagna is the best!"



"Hot lunch is my favourite day!"



"The taco wrap is soooo tasty!"



"It is so delicious!"



ORDER YOURS TODAY!

"The soup has real chicken and tastes so yummy!"



CLOVERLEAF FRESH FOOD BOX

Cost: \$25.00/box

A program to support families and individuals on improving their health by providing access to affordable, fresh and healthy foods.

- Order on the last Wednesday of the month
- Pick up the following Tuesday @ Cloverleaf.
- Call Debbie to order or for more details.
- 482-2211 ex. 309786



www.nwhu.on.ca



Mental Health Memo

NWO Be Well Passport



The Northwestern Ontario School Mental Health Team, has put together a compilation of for individuals, families, and educators to do, starting on Bell Let's Talk Day (January 24th, 2024) through the months leading up to Mental Health Week (May 6th, 2024 - May 10th, 2024).

The NWO Be Well Passport takes participants on a wellness adventure within their communities, reminding them to consider a "whole person" perspective from the First Nations Mental Wellness Continuum Framework, including aspects of Spiritual, Emotional, Mental, and Physical wellness. Take part in the activities/events and digitally "stamp" each activity you complete (paper copies will also be made available to all students).

How to participate:

1. Students can join their classmates and family and take part in the activities throughout their passport. Check off each activity when completed!
2. As they complete each passport stop, send a photo or description of their participation to NWOBeWell@gmail.com. Each stop will enter them into a draw to win some amazing prizes!
3. Don't forget to include their name and which school board and community they belong to.
4. Be sure to tag [@NWOBEWELL](#) and [#NWOBEWELL](#) to share the fun on social media!

Click on the link or scan the QR code to access a digital passport: <https://www.nwobewell.ca/>

[Click here to access the website](#)

For more information, please contact the RRDSB Mental Health Leader: tracey.idle@rrdsb.com



Attendance Matters

If you suspect your child has worries or is anxious about school, contact your child's Teacher/Principal/Counsellor as soon as possible.

SCHOOL ONLY GETS HARDER WHEN YOU MISS!

Lates can really add up to lost learning time...

Minutes	Weeks	Years
10 minutes late per day	1.5 weeks per school year	Half a school year
20 minutes late per day	2.5 weeks per school year	Nearly one school year
30 minutes late per day	4 weeks per school year	1.5 years
60 minutes late per day	8 weeks per school year	2.5 years

A word from your Attendance Counsellors

The most important thing that you can do for your child's education is enforce good school attendance right from the start i.e. in preschool and kindergarten. If you show your child that it is important to be there each day and on time, it will become important to your child as well.

- Missing just two days a month means a student misses 10% of the school year! Over 13 years (a regular K-12 education) that adds up to 1.5 years of absences.
- Elementary attendance problems can negatively impact a student's future. Research shows that by 6th grade, attendance problems become a leading indicator that a student will drop out of high school.